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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP | Lentil | Tomato & Red Pepper | Chicken Noodle | Yellow Pea | Leek & Potato |
| MAIN MEAL | Grilled Pork Sausages | Chicken Korma | Bolognaise Sauce | Chicken Fajitas | Breaded Haddock |
| MAIN MEAL(V) | Swedish Style Lasagne (v) | Philly Cheese & Vegetable Wrap (v) | Quorn Toad in the Hole (v) | 4 Cheese Ravioli with Tomato Sauce (v) | Spanish Style Rice (v) |
| CARBOHYDRATE | Mashed Potatoes | Rice | Spaghetti  Or  Potato Croquettes | Cous Cous | Chips |
| VEGETABLES | Baked Beans | Sweetcorn | Mixed Vegetables | Green Beans | Peas |
| DESSERT | Tiffin | Cold Dessert Selection | Coco Saucy Sponge with Custard | Cold Dessert Selection | Strawberry Cheesecake |

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|  | MONDAY | MEAT FREE  TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP | Vegetable | Carrot & Coriander | Broth | Lentil | Minestrone |
| MAIN MEAL | Beef Lasagne | Macaroni Cheese (v) | Roast Chicken with Mealie | Shredded Pork with BBQ Sauce | Gluten Free Salmon Fish Fingers |
| MAIN MEAL (v) | Veggie Surprise (v) | Quorn Sausage Roll Over (v) | Vegetable Curry (v) | Loaded Potato Skins (v) | Oriental Vegetable Noodles (v) |
| CARBOHYDRATE | Garlic Bread | Mashed Potatoes | Roast Potatoes  Or  Rice | Noodles | Potato Wedges |
| VEGETABLES | Peas | Baked Beans  Or  Broccoli | Carrots | Sweetcorn | Coleslaw |
| DESSERTS | Apple Crumble with Custard | Cold Dessert Selection | Seasonal Fruit Roulade | Cold Dessert Selection | Carrot Cake |

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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP | Yellow Pea | Butternut Squash & Sweet Potato | Spicy Lentil | Tomato | Cream of Chicken |
| MAIN MEAL | Loaded Burritos | Sweet & Sour Chicken Stir Fry | Organic Pork Meatballs with Tomato Sauce | Chicken Pie | Gluten Free Lemon Sole Bites |
| MAIN MEAL | Roast Quorn Fillet in Gravy with Mealie(v) | Cheese & Onion Quiche (v) | Broccoli Cheese (v) | Piri Piri Flatbread (v) | Baked Bean Lasagne (v) |
| CARBOHYDRATE | Roast Potatoes | Noodles | Pasta Twists | Mashed Potatoes | Chips |
| VEGETABLES | Broccoli, Cauliflower & Carrot | Coleslaw | Green Beans | Sweetcorn | Peas |
| DESSERTS | Flapjack | Cold Dessert Selection | Lemon Meringue Pie | Cold Dessert Selection | Choco Mandarin Gateau |